




Tour 6 : Yangmingshan National Park & Hot-Spring Tour

Date :	2010/10/21(Thu) 、 2010/10/22(Fri) 、 2010/10/23(Sat)
Pick-Up :	PM 13:00 ~ 14:00
Duration :	4 hrs
Tour Fare :	NTD 1,300
Tour Stops :	Yangmingshan National Park → Hot-Spring Tour
Attractions Introduction :	<p>Yangmingshan National Park</p>  <p>Established in 1985 and covering an area of 11,456 hectares, Yangmingshan National Park is the most natural among Taiwan's four national parks. For many years, Yangmingshan Park continues to charm visitors with its natural beauty and panoramic views of surrounding Chihsing, Shamao, Chutzu, and Chungcheng Mountains. The 61-hectare park occupies a small part of Yangmingshan National Park, but what it lacks in size it makes up for in diversity of flora and fauna.</p> <p>Hundreds of different kinds of flowers grow here, drawing crowds of visitors during the blooming season. Other attractions include a pond, a flower clock, an eye-catching fountain, groves of plum blossom, steaming sulphur springs and a roaring waterfall. The park also contains a memorial to the 1911 Revolution and Taiwan's retrocession.</p> <p>Hot-Spring Tour</p> <p>Subterranean heat producing hot springs is spread across Taiwan, with its peculiar crustal structure and location on the fault line where the Euro-Asian and Philippine continental plates meet in the Circum-Pacific seismic zone. In March 1896, Hirado Gengo from Osaka, Japan opened Taiwan's first hot spring hotel at Beitou, nestled in the hills just north of Taipei city center.</p>  <p>Beitou remains a popular destination to this day, combining a visit to hot springs amid scenic surroundings with the opportunity to explore historical sites. More than one hundred hot springs have been discovered, harboring a great variety of springs, including hot springs, cold springs, mud springs, and seabed hot springs, making Taiwan one of the world's top 15 sites for hot springs.</p> <p>People have recognized the health benefit of hot springs for ages. In addition to the soothing effect of soaking in warm water, hot springs generally come from deep below the surface of the earth, bringing with them high concentration and great variety of minerals beneficial to the human body. Specific therapeutic properties of hot springs vary depending on chemical composition, mineral concentration and water temperature. However, people should still consult with their physicians before participating in hot spring related activities.</p>